

# CENTRAL E SCHOOL FAST MENU JANUARY 2010



Monday	Tuesday	Wednesday	Thursday	Friday
				1  <b>HAPPY NEW YEAR!</b> 
4 Breakfast Pizza Mixed Fruit or Juice Milk	5 Scrambled Eggs w/ Cheese Toast Fresh Fruit or Juice Milk	6 Super Donut Toast Peaches or Juice Milk	7 Pancake w/Syrup Sausage Links Mandarin Oranges or Juice Milk	8 Cinnamon Toast Jell-O w/Fruit or Juice Milk
11 Muffin Toast Fresh Fruit or Juice Milk	12 Sausage Biscuit Juice or Peaches Milk	13 French Toast Sticks Mixed Fruit or Juice Milk	14 Cinnamon Tastries Fresh Fruit or Juice Milk	15 Waffles w/ Syrup Applesauce or Juice Milk
18 <b>MARTIN LUTHER KING JR. BIRTHDAY</b>	19 Super Donut Toast Pears or Juice Milk	20 Country Breakfast Bagel Applesauce or Juice Milk	21 Cinnamon Streusel Cake Juice or Jell-O w/Fruit Milk	22 Pancake & Sausage Breakfast Stick Fresh Fruit or Juice Milk
25 Breakfast Burrito Fresh Fruit or Juice Milk	26 Pancake w/ Syrup Sausage Link Pears or Juice Milk	27 Cinnamon Toast Juice or Peaches Milk	28 Sausage Biscuit Juice or Mixed Fruit Milk	29 French Toast Sticks Pineapple or Juice Milk

**\*Choice of Cereal & Toast Daily**